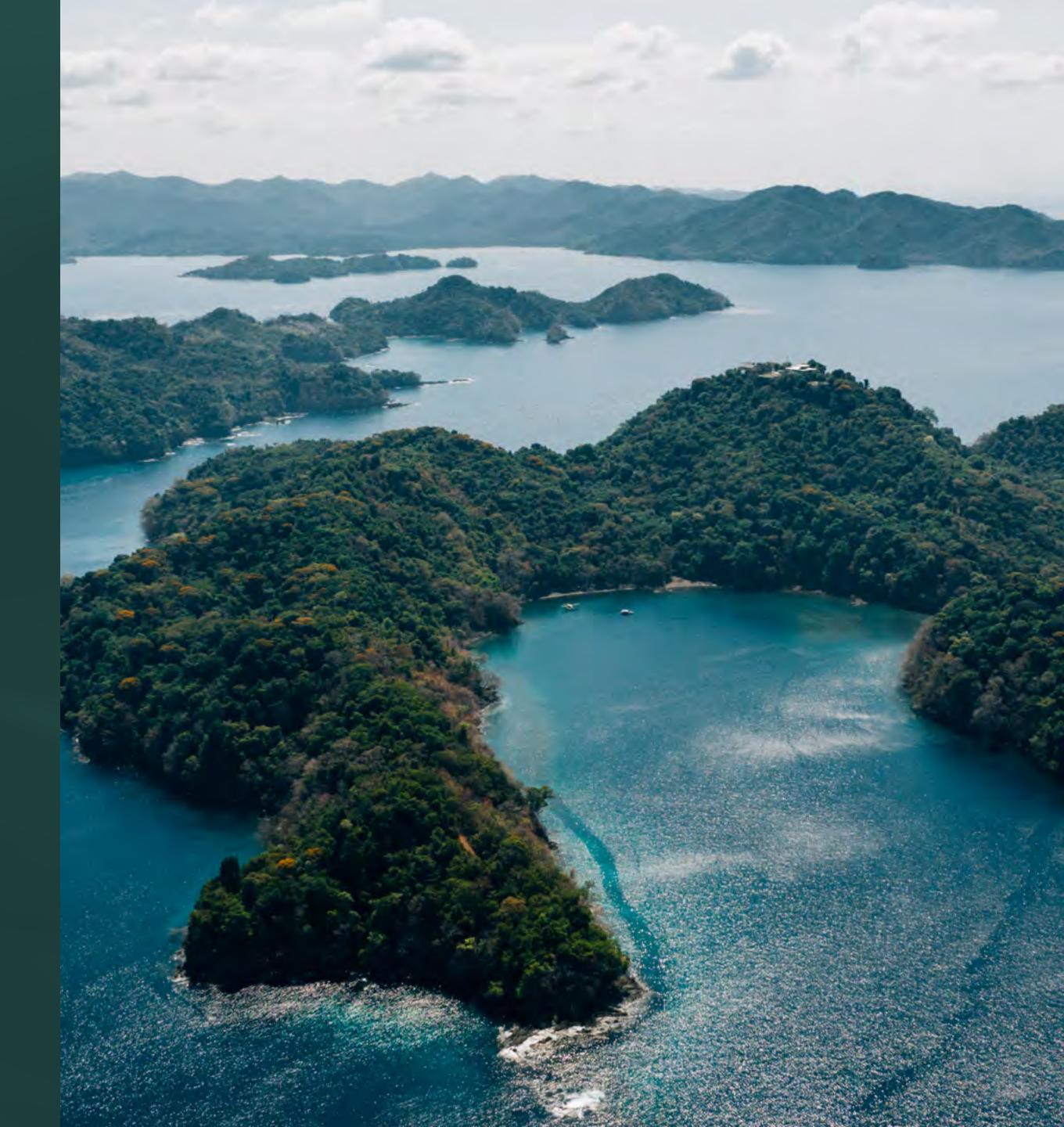


# Islas Secas

PANAMA



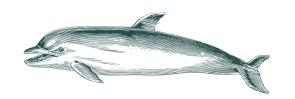
The approach to Islas
Secas says everything.
This cluster of junglecovered volcanic islands,
20 miles off Panama's Pacific
coast, feels remote, wild,
untamed - just waiting to
be discovered.



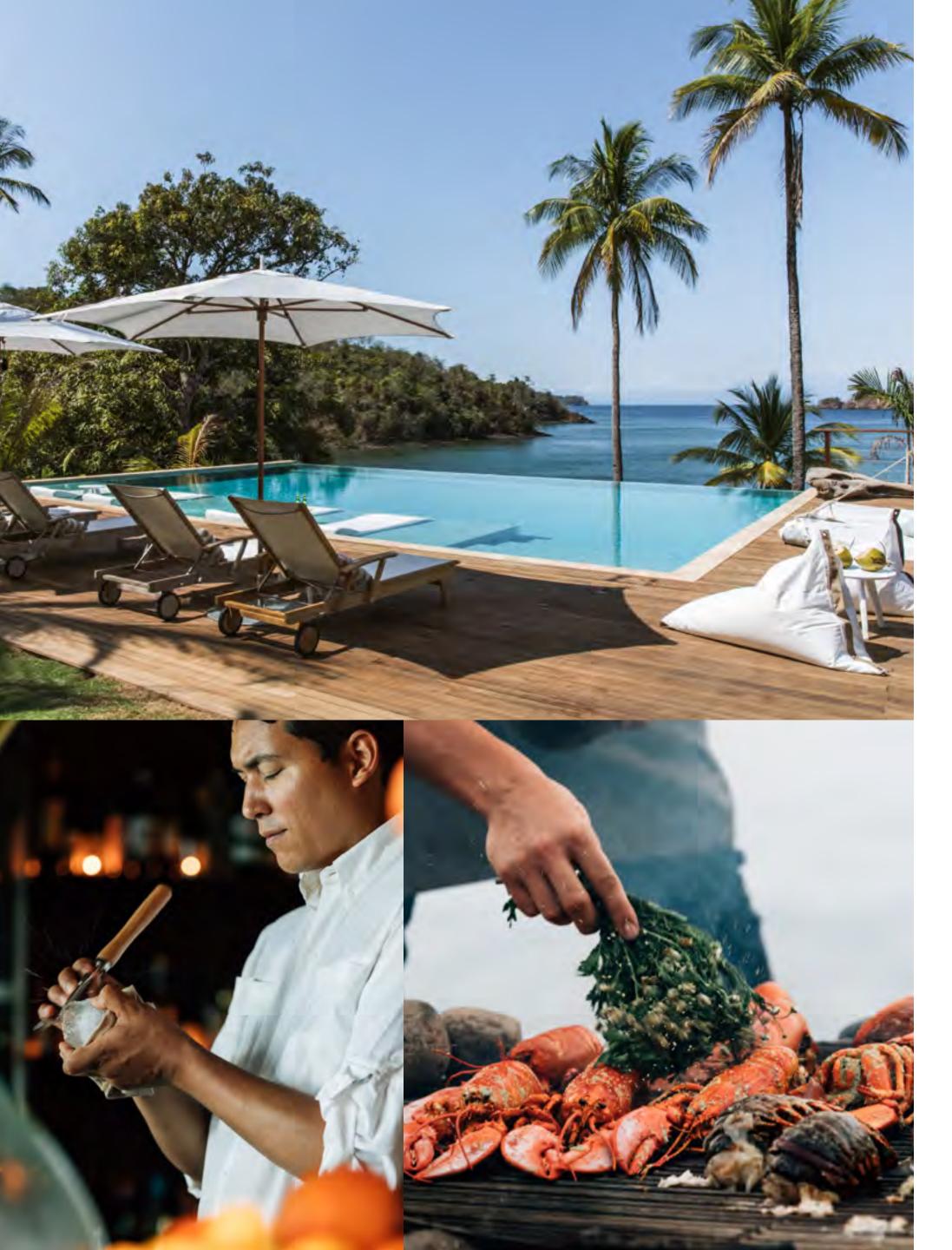


## The Archipelago

Created with a passion to protect the extraordinary forest and marine environment of the Gulf of Chiriquí, this small, secluded resort – just 24 guests, 14 islands and countless reefs, glassy bays and treeswathed hills to explore – is the ultimate sustainable playground. Off-grid, low-impact and gently in keeping with its surroundings, this is a place to feel the elements on your skin and the wind in your hair, while frigate birds wheel overhead and dolphins and humpback whales crest the waves. This is nature, untamed.

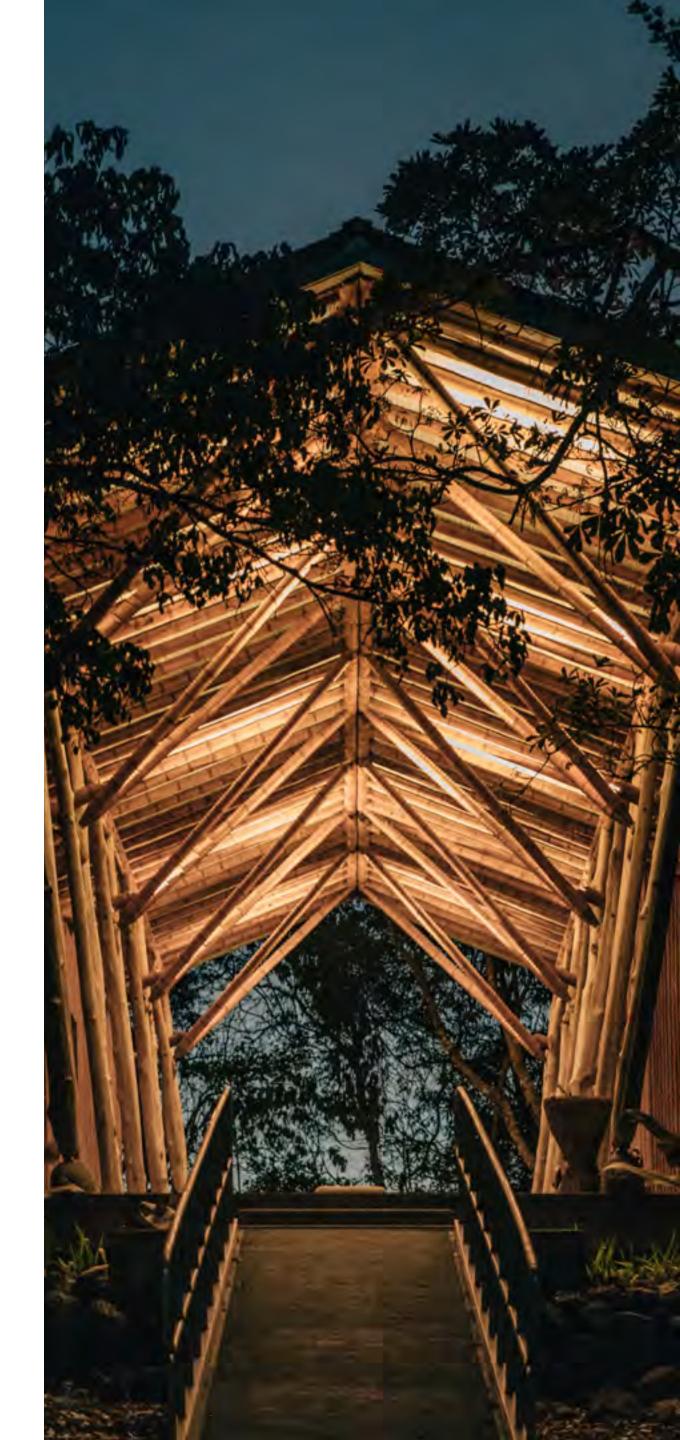






# Social Spaces at Islas Secas

First impressions are everything, and arriving at our jetty, jutting into the rippling bay with the forest all around, is difficult to forget. This is where the fun is charted, from diving adventures to fishing excursions, with a rustic juice bar and laid-back beats to greet guests.







### Terraza

An easy walk from the jetty reveals another sea view and the soaring, cathedral-like space of our Terraza – a laid-back gathering and dining spot, with Panamanian flare. Locally sourced everything and seafood plucked straightfrom the sea create our daily changing menus; guests can also opt for beach picnics, sunset barbecues and poolside lunches.





Next door is the cool Bilbao Bar – a lounge where, no doubt, you'll find yourself recounting highlights from the day's thrilling adventure. Historic maps, local artefacts and wood panelling make this the ideal spot to sit back and tell a tall tale – or quietly cozy into a book, island cocktail in hand.

Our infinity pool, a short stroll from Terraza, offers picture-perfect views over the island-studded sea, with large sun loungers set beneath the palms.

# Accommodation at Islas Secas

Immerse yourself in the jungled wilderness and gaze out at the turquoise waves. Each breezy casita is enveloped in lush vegetation, with sensational ocean views, broad terraces and thatched cabanas, and relaxed, barefootchic interiors to hide away in. And each casita has a copper outdoor bath in which to soak...

This is tropical seclusion at its best.





# The Tented Casitas

#### ONE BEDROOM

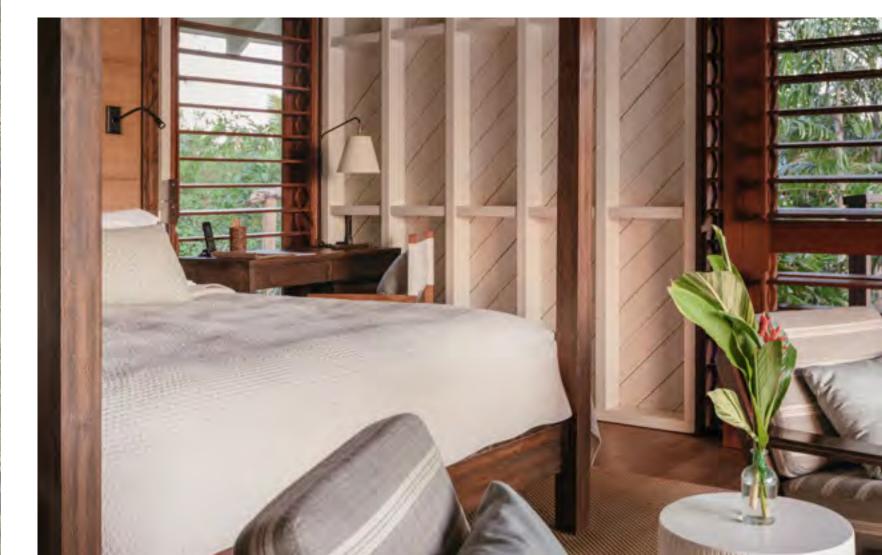
Get up close and personal to the great outdoors with our newest casitas debuting this December, the most stylish tents this side of the Pacific. With expansive inside-out living, including a bedroom opening right onto a broad terrace, and large outdoor soaking tub with gorgeous sea views, this is the place to escape and reconnect.



## Casita Mirador

#### ONE BEDROOM

Tucked up in the trees overlooking the rippling waves of the lagoon is this romantic hideaway, surrounded by lush tropical gardens. Secluded and private, with a plunge pool just made for floating in together while lazily staring out to sea.



9





# Casita Sombras TWO BEDROOMS

Two separate casitas, one plunge pool, and a terrace with epic sea views and steps down to a little beach: Casita Sombras has the playful feel of a grown-up treehouse with quick, private access to its own tidal sand beach.





The two separate casitas – private but still close – are made for families, who can spread out and kick back in the spacious outdoor areas. Splash about in the plunge pool, relax on a sunlounger overlooking the sea, or retreat to the airy privacy of each casita.



# Casita Grande

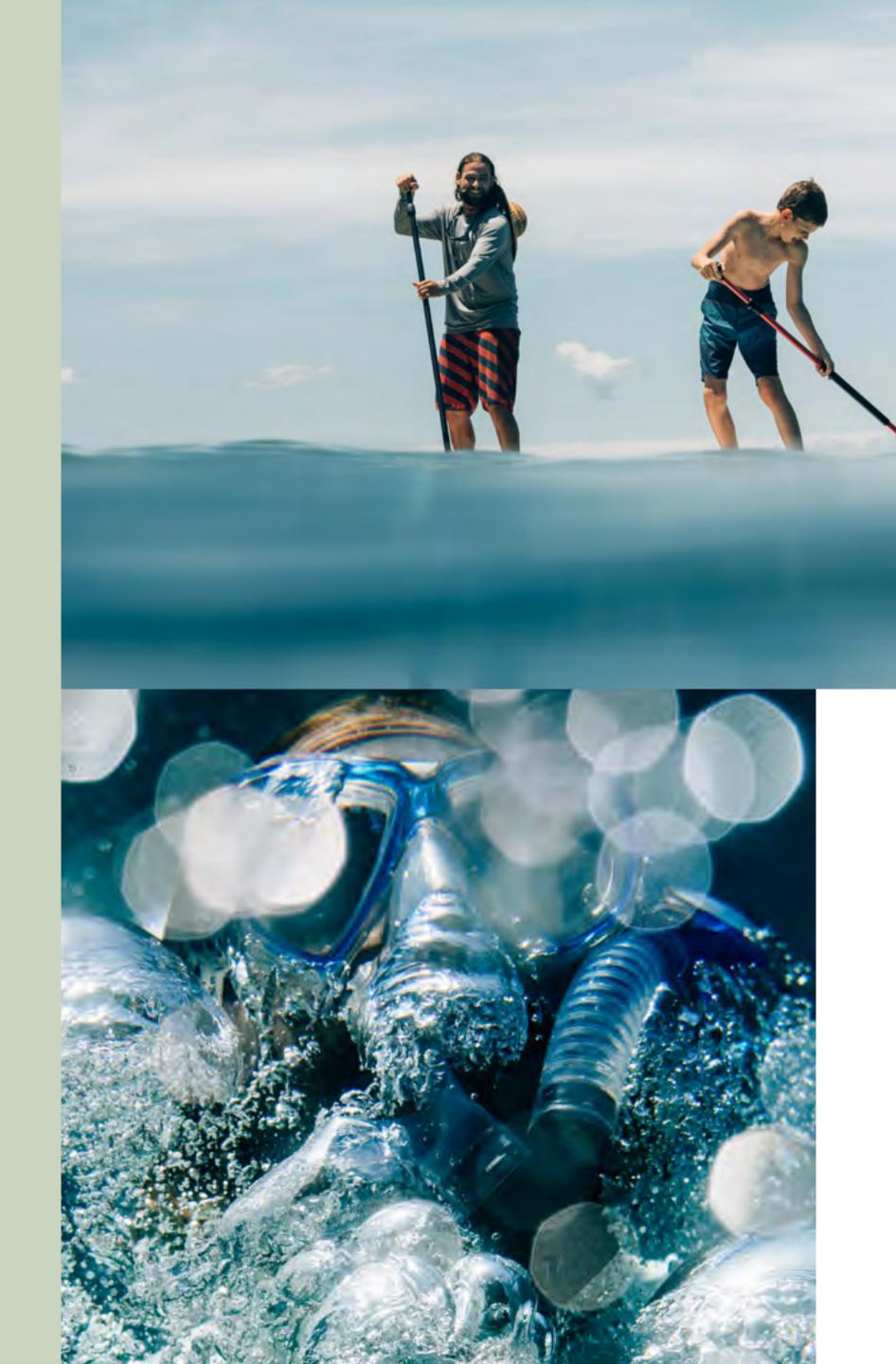
#### FOUR BEDROOMS

Larger families and groups of friends can make the most of the space at Casita Grande, with four separate casitas connected by a broad terrace surrounded by tropical garden, and a plunge pool looking right onto the sea. The indoor-outdoor living with room to decompress gives this casita a real boho vibe.



# Activities on the Water

This remote, pristine archipelago is made for exploring the big blue. An Adventure Concierge is on hand to arrange bespoke marine safaris, covering everything from whale-watching trips in season and scuba diving with manta rays to gently drifting with a mask and snorkel over the kaleidoscopic reefs, as well as unforgettable, world-class game fishing – the Gulf of Chiriquí is known for its marlin, tuna and snapper.





The Gulf of Chiriquí offers some of the least explored and most abundant marine ecosystems on the planet. Numerous dive sites suit all levels of experience, from calm, colourful inshore reefs, to deep water exploration, drifting around seamounts and pinnacles amidst manta rays and dolphins.

#### WATERSPORTS

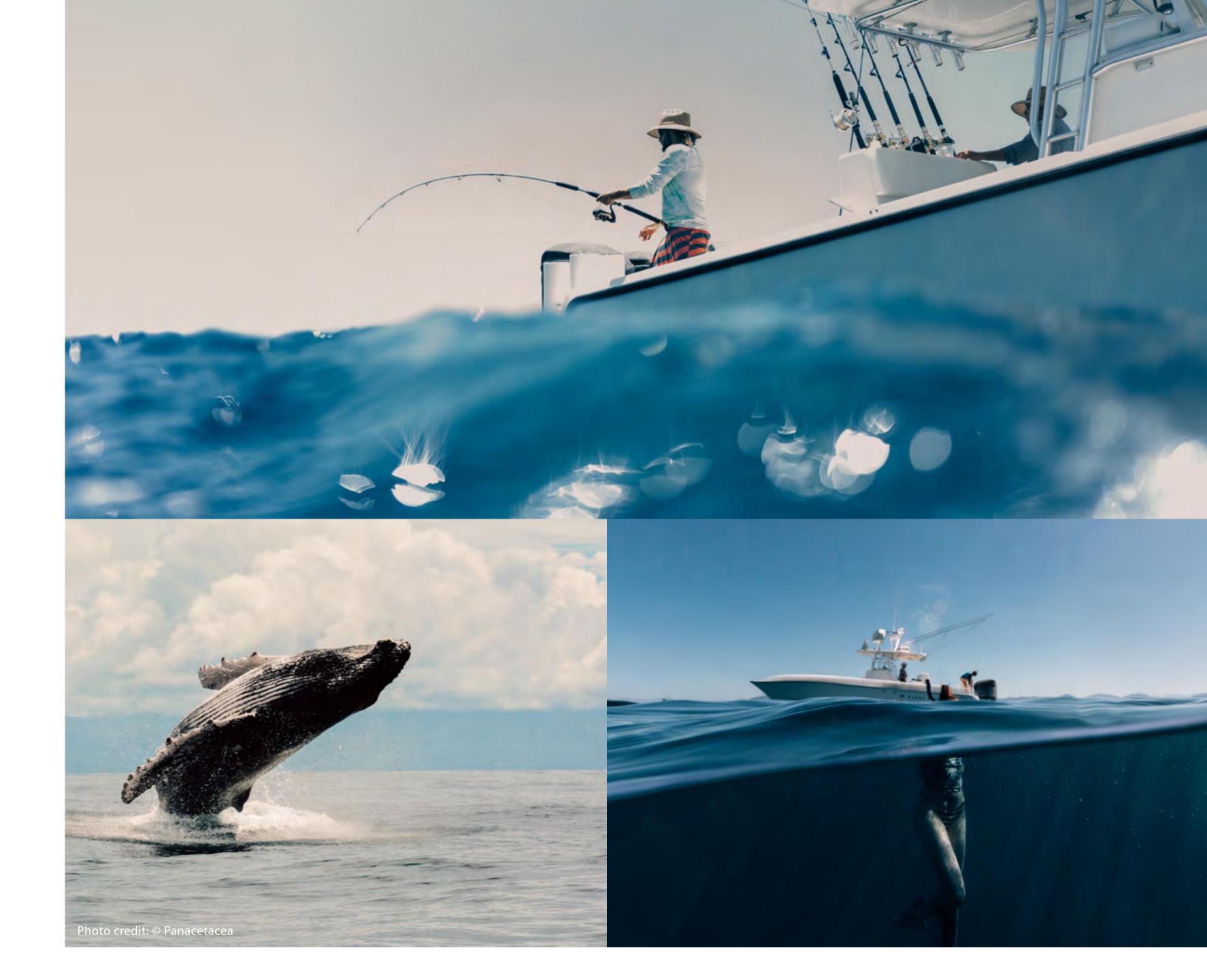
Snorkeling, paddle boarding, kayaking, boat tours, wakeboarding, surfing, sea-bobbing... the only tricky part about exploring our unique marine playground is deciding which one to choose for today's adventure.

#### WHALE WATCHING

Not one but two populations of humpback whales pass our shores at different times of year, and we are perfectly placed to watch them breach and blow in the waves, either from the shore, or on sensitive excursions that respect these magnificent marine mammals.

#### FISHING

Islas Secas has Panama's closest access to the legendary Hannibal Bank and Islas Montuosa, known for their storied waters, and our team of professionals offers inshore and offshore catch and release billfish programs. This is world-class Panama fishing at its finest.





Nature here is raw and untamed, just made for roaming about in the steamy green spotting rare birds, huge butterflies and jewel-toned insects. Our expert naturalist and birding guides will help reveal the true treasure of the islands on wilderness treks, birding trips or a private beach escape.

# Activities on Land

#### BIRDING

With over 50 species of resident and migratory birds, guests can spot a huge range of exotic birds around Islas Secas. A highlight is zipping over to Isla Coco, one of the Secas islands, for thrilling views of one of Panama's largest colonies of soaring frigates.

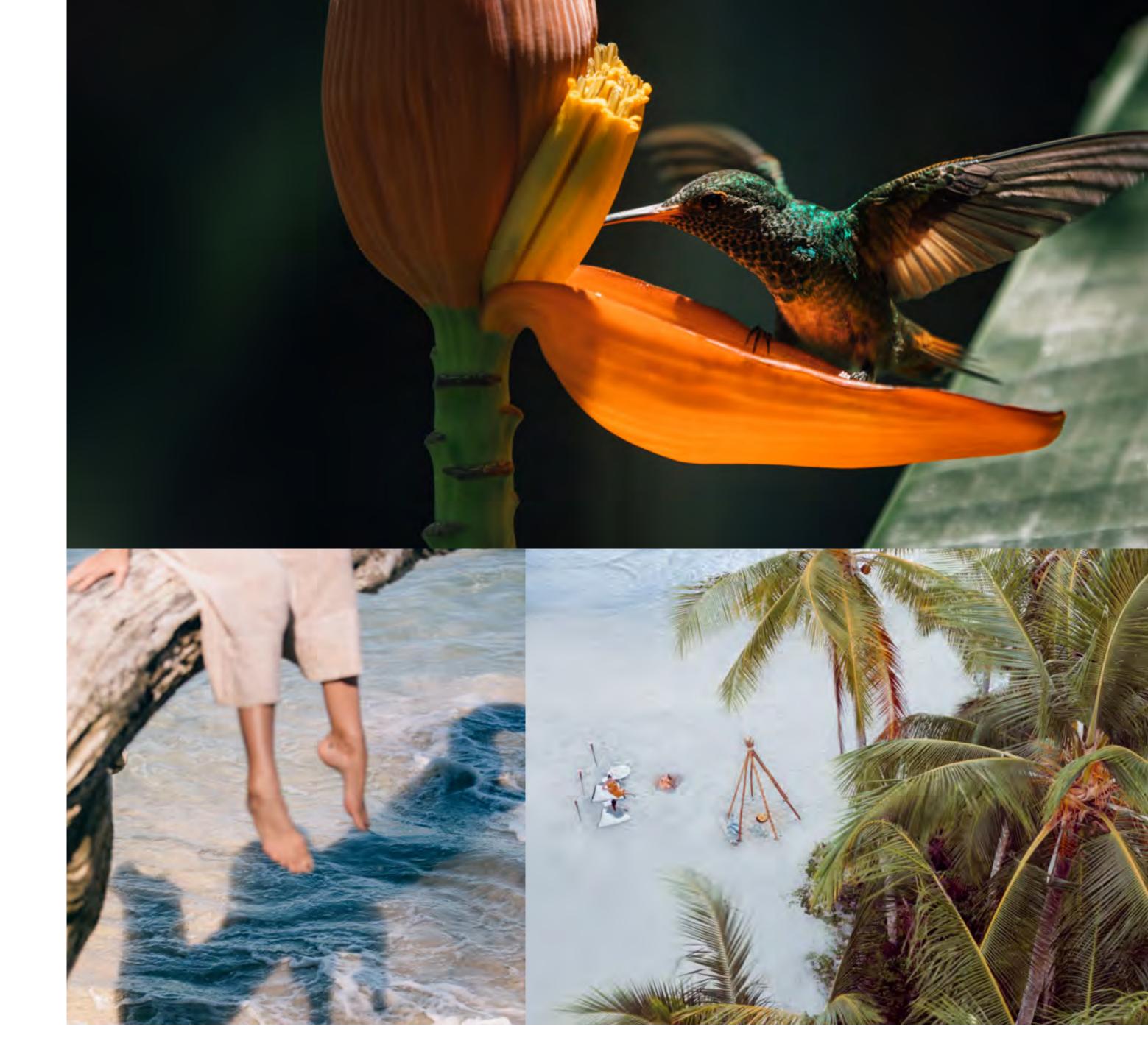
#### NATURE HIKES

Wandering along our two miles of trails with a naturalist guide is the perfect way to spot our fascinating forest neighbours.

From close-ups of rare flowers and plants, to glimpses of colourful birdlife or scurrying iguanas, Islas Secas allows a unique reconnection with nature.

#### PRIVATE BEACH EXPERIENCE

With just one developed island in our archipelago, the choice of wild, deserted beaches to discover is exhilarating. Take your pick and we'll do the rest – you'll be dropped off whenever you want with masks, snorkels, kayaks, lounge chairs and a delicious picnic, to spend as much time as you like.



## Wellness at Islas Secas

At Islas Secas, we celebrate all that is wild in our pristine island setting, so it's only natural that our two huge wellness tents offer complete immersion in the jungle. From their secret-garden setting, surrounded by gnarled, flower-draped trees, to the island-sourced products we use in our treatments, this is the place to breathe deep and enjoy the elements. Home-crafted blends using natural ingredients such as coconut, wild jasmine and ylang ylang, create thoughtfully relaxing or energizing treatments. Daily complimentary yoga sessions are available each morning in a variety of different, outdoor locations.





### The Natural World

750 species of fish, 50 bird species and 128 species of plants... and just a quick boat ride from Coiba National Marine Park, a UNESCOdesignated protected marine area, home to the second-largest coral reef in the eastern tropical Pacific. Islas Secas is devoted to our natural surroundings, and our passion is to be a blueprint for sustainable, naturedriven tourism. We are proud to run on 100% natural energy, to recycle 100% of our food waste and wastewater, and that 75% of the archipelago remains undeveloped. Our model of environmental stewardship and strong community support – coupled with a wild, immersively luxurious guest experience – creates a truly responsible approach.



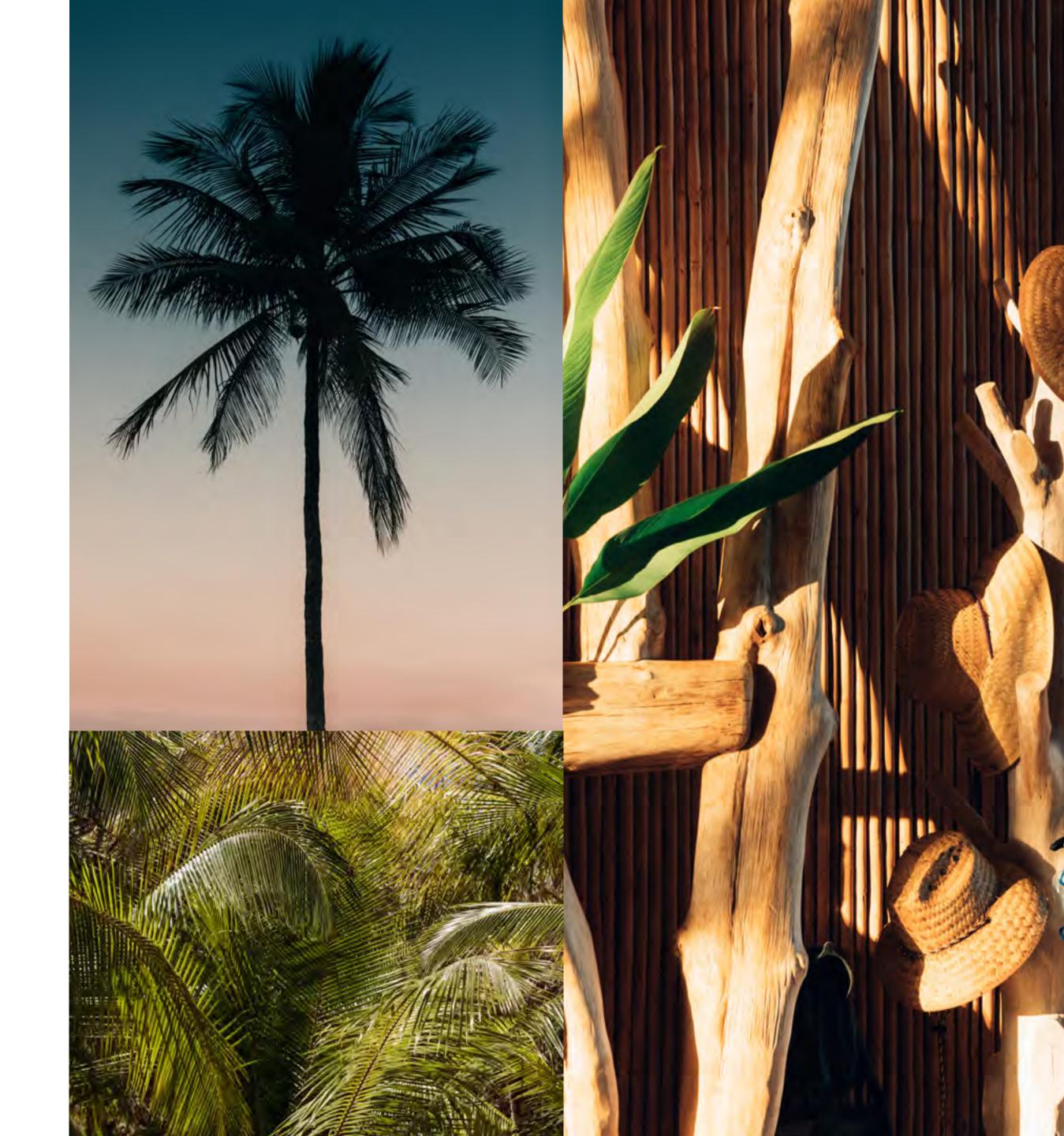


## Local Stewardship

Sustainability and environmental stewardship is what Islas Secas is all about.

#### HERE'S WHAT WE DO:

- 100% of the property's energy is solar-generated
- 100% of food waste is recycled
- 100% of wastewater is reused for irrigation
- 75% of the archipelago has been left undeveloped
- Thousands of native trees have been planted to help restore the natural infrastructure and integrity of the islands
- Every year, the team brings groups of local children from the mainland to observe whale migrations with visiting scientists to foster environmental education
- The privately funded Islas Secas Foundation supports marine and wildlife conservation organisations in the region as well as local community efforts



## Useful Info/ Getting There

- Islas Secas is located 20 miles off Panama's Pacific coast
- Upon arrival at David Airport, guests are met by Islas Secas staff and driven to the nearby coast to embark on a 75-minute boat ride to Islas Secas
- The city of David is a short domestic flight from Panama City, which is connected by regular international flights to cities across the United States, Europe, Central and South America



# Islas Secas

www.islassecas.com info@islassecas.com

- @lslasSecas
- o islas\_secas
- f Islas Secas

